Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 1st May, 15th May, 5th June, 19th June, 3rd July, 17th July, 11th September, 25th September, 9th October

	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Penne pasta in Tomato Sauce with Garlic Bread	Beef Burger with Chips	Roast Chicken with Roast Potatoes	Jacket potato with Cheese, Beans or Tuna	Harry Ramsden's Fish and Potato Tots
Option 2	Jacket Potato with Cheese	Penne Pasta in Tomato Sauce	Jacket Potato with Cheese	Penne Pasta in Tomato Sauce	Jacket Potato with Beans or Cheese
Option 3	Chicken Grill and Chips	Jacket Potato with Beans or Cheese	No 3rd Option	Chicken Grill and Chips	No 3rd Option
Vegetables	Sweetcorn	Sweetcorn	Green beans and carrots	Sweetcorn	Peas
Dessert	Chocolate cake with custard	Yoghurt	Fresh Fruit	Jelly	Vanilla Ice Cream

LOW SALT

Reduced sugar and salt recipes

LESS SUGAR

Free for everyone in Reception, Year 1 and 2

Unlimited freshly baked bread and vegetables, crudités or salad bar every day

Look out for these symbols on our healthy choices

Vegetarian · Oily Fish · Wholegrain · Fruity

RED TRACTOR CERTIFIED STANDARDS

We only use fish from sustainable sources

Harry Ramsden's Junior

GOOD EGG AWARD

Designed by Twelve 15

Twelve15 Favourites

Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 8th May, 22nd May, 12th June, 26th June, 10rd July, 17th July, 4th September, 18th September, 2nd October, 16th October

	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegan sausage roll with mashed potato	Pizza and potato tots	Roast Chicken with Roast Potatoes	Pasta bolognese	Fish Fingers with Potato Tots
Option 2	Penne Pasta in Tomato Sauce	Penne Pasta in Tomato Sauce	Jacket potato with cheese	Jacket potato with cheese	Jacket potato with beans or cheese
Option 3	No 3rd Option	Jacket Potato with Cheese, Beans or Tuna	No 3rd Option	Chicken Grill and Chips	No 3rd Option
Vegetables	Sweetcorn	Sweetcorn	Carrots and Cabbage	Carrots and Cabbage	Peas
Dessert	Biscuit	Yoghurt	Cheese and crackers	Fresh fruit	Vanilla Ice Cream

LOW SALT Reduced sugar and salt recipes

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Vegetarian Oily Fish

Wholegrain Fruity

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GOOD EGG AWARD

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