



Ocean

Sensory Bottle

You will need:

Water

Cooking oil

Blue food colouring

Large bottle

Funnel

Glue gun or strong glue

Method

1. Fill your bottle approximately $\frac{1}{3}$ full with water.
2. Add several drops of food colouring.
3. With the lid in place, shake the bottle to disperse the food colouring.
4. Top the bottle up with oil.
5. Once all the materials are in the bottle, glue the lid on for safety.
6. Tip the bottle upside down and watch the ocean come alive.

This resource is provided for informational and educational purposes only. As this resource refers to sensory activities, sometimes including food items/ingredients, you must ensure that an adequate risk assessment is carried out prior to using this resource. This resource is not taste-safe. You must contact a suitably qualified professional if you are unsure. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that learners should be supervised at all times due to potential hazards with handling and exploring sensory objects, particularly young or vulnerable learners. Sensory activities can engage learners in their play and learning, but supervising adults should check for allergens and assess any potential risks before the activity and only proceed if it is safe to do so, for example, even the shallowest amount of water can be extremely dangerous. Learners should wash their hands before and after these activities.

